

健康大腦與腦退化

Brain Health & Dementia

Date 日期: 28/4/25 & 5/5/25 (星期一 Monday)

Time 時間: 10:00 - 12:00pm

Venue 地點: 146 Drummond Street, Oakleigh 3166

Speakers 講者: Miss Emily Barr & Christina Kominakis
(Dementia Australia - Dementia specialist)

Langue 語言: Mandarin translation (普通話傳譯)

Outlines 內容: (28/4/25)

- * Healthy brain 大腦健康元素
- * Life style & risks 生活習慣與腦退化的風險
- * prevention tips 護腦錦囊

* Outlines 內容: (5/5/25)

- * Facts & myths about dementia 對腦退化症的謎思與誤解
- * What is dementia and its types 腦退化及種類
- * Symptoms 腦退化的明顯症狀
- * Diagnosis & treatments 診斷與治療
- * Community services & supports 有用的社區資源及支援

(Light Refreshment provided 活動後安排有輕便點心午餐)

Registration 報名:

03 88067532 / 0404 598 242

<https://forms.gle/WcLmacAmiUVNDzxs6>



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