

Conference and Student Ambassador Award Ceremony

Mental health crisis of Chinese international students
How they survive and cope in Australia
Barriers of seeking help
Challenges & resolutions
Service and intervention approaches
Students Sharing
Certificates presentation

Venue: Multicultural Hub, 506 Elizabeth Street, Melbourne

CONFERENCE ON **MENTAL WELLBEING** OF CHINESE INTERNATIONAL STUDENTS : **CRISIS & RESOLUTIONS**

27. 6. 2019
9:30am - 2:30pm

Keynote speakers:

Mental health literacy of and Mental Health First Aid for Chinese international students: Challenges and Resolutions

Professor Daniel, Fu Keung Wong, University of Hong Kong, Hong Kong

Shifting perspectives of international student mental health

Dr Helen Forbes-Mewett, Monash University, Australia

An integrated approach: Wellbeing at Swinburne

Ms Christine Sheehan, Swinburne University Health Service, Victoria

Panel Discussion Moderator:

Dr Wilfred Yang Wang, Monash University, Australia

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RSVP by 23 / 6 / 2019

for refreshment & lunch arrangement

怡康全人發展中心
Centre for Holistic Health

STUDY MELBOURNE