

BE NICE TO YOUR MIND
Chinese Speaking
International Student
Mental Health
Ambassador Program

Mental Health First Aid

About the course

This credited two days course is a part of the Chinese speaking International Student Mental Health Ambassador Program funded by the Victoria State Government.

Content of the Course:

We will equip you with the knowledge of

- ◆ Common mental disorders & certain therapies
- ◆ Handling mental health crisis, such as. suicide
- ◆ Supporting people with mental health issue

Certificate will be issued after completing the 12 hours training

[Option A]

Date & Time :

24/2 & 3/3/2018 (10 – 5pm)

Venue: Multicultural Hub
506, Elizabeth Street, Melbourne
VIC 3000

Language: Mandarin

[Option B]

Date & Time :

10/3 & 17/3/2018 (10 –5pm)

Language: Cantonese

[Option C]

Date & Time :

24/3 & 31/3/2018 (10-5pm)

Language: Mandarin

Venue of Option B & C :

Clayton Community Centre,
9-15 Cooke Street, Clayton



(Limited Seats. Please register in advance !)

Register and Contact

Please send us your **name, phone number, email address,**
your institution/ university

with the program name (MHFA) and your option

Phone: 0401 718 043, Email: admin@chh.org.au or Wechat ID: CHHenquiry

Website : www.chh.org.au Facebook : CHH @ Centre For Holistic Health

WeChat QR code



怡康 全人發展中心
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