

Student who missed out on the previous course?

This is your opportunity!

### About the course

This MHFA credited two days course is a part of the Chinese speaking International Student Mental Health Ambassador Program funded by the Victoria State Government.

### Content of the Course:

We will equip you with the knowledge of

- Common mental disorders
- Mental health crisis
- Supporting people with mental health issue

**Language:** Chinese

### Fee:

FREE for  
International Student  
\$50 for  
Non-International Student

Certificate will be issued after  
completing the 12 hours training

### Option 1

Date: 28 / 10 & 4 / 11 / 2017

Location: Level 1

Whitehorse Community Resource Centre,  
79, Mahoneys Rd, Forest Hill

### Option2

Date: 22 & 24 / 10 / 2017

Location: Multicultural Hub

506, Elizabeth Street, Melbourne VIC 3000

Time for both options : 10 am - 5 pm

Be Nice To Your Mind  
Chinese Speaking  
International Student  
Mental Health Program

# Mental Health First Aid

Limited Seats. Please register in advance !

### Register and Contact

Please send us an **email** or **text message** with your name, phone number and email address

Phone: 0401 718 043 or Email: [admin@chh.org.au](mailto:admin@chh.org.au)

Website: [www.chh.org.au](http://www.chh.org.au)

Facebook: CHH @ Centre For Holistic Health  
Centre For Holistic Health

