

Chronic Pain - Fight or Flight

長期痛症 - 舒緩與護理系列

Fee:
Free

Language:
Cantonese
Mandarin



Topics

21/10/2016 (10:00am - 12pm)

Chronic Pain and its Impacts

Speaker : Jane Chiu (Nursing)
Ada Poon (Social Worker)

28/10/2016 (10 am - 12pm)

Optimal Sleep and Chronic pain

Speaker : Dr. Maria Hsu
(Chiropractor)

Enrollment

03 8806 7532
0401 718 043
chh@chh.org.au

Topics

4/11/2016 (10 am - 12pm)

Exercises and simple equipment to improve chronic neck and back pain

Speaker : Dr. Maria Hsu
(Chiropractor)

Venue

Link Health and
Community,
Meeting Room
G/F, 2 Euneva Ave,
Glen Waverley
(near Glen Waverley
train station)

